

Cyber-bullying

Year 7-12

NSW

Module [1/1]

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What is cyber-bullying?

1. Repeated behaviour;
2. Makes someone feel hurt, embarrassed, upset or scared; and
3. Occurs online e.g. using the internet, a social media site or app, a mobile phone, a computer or other device.

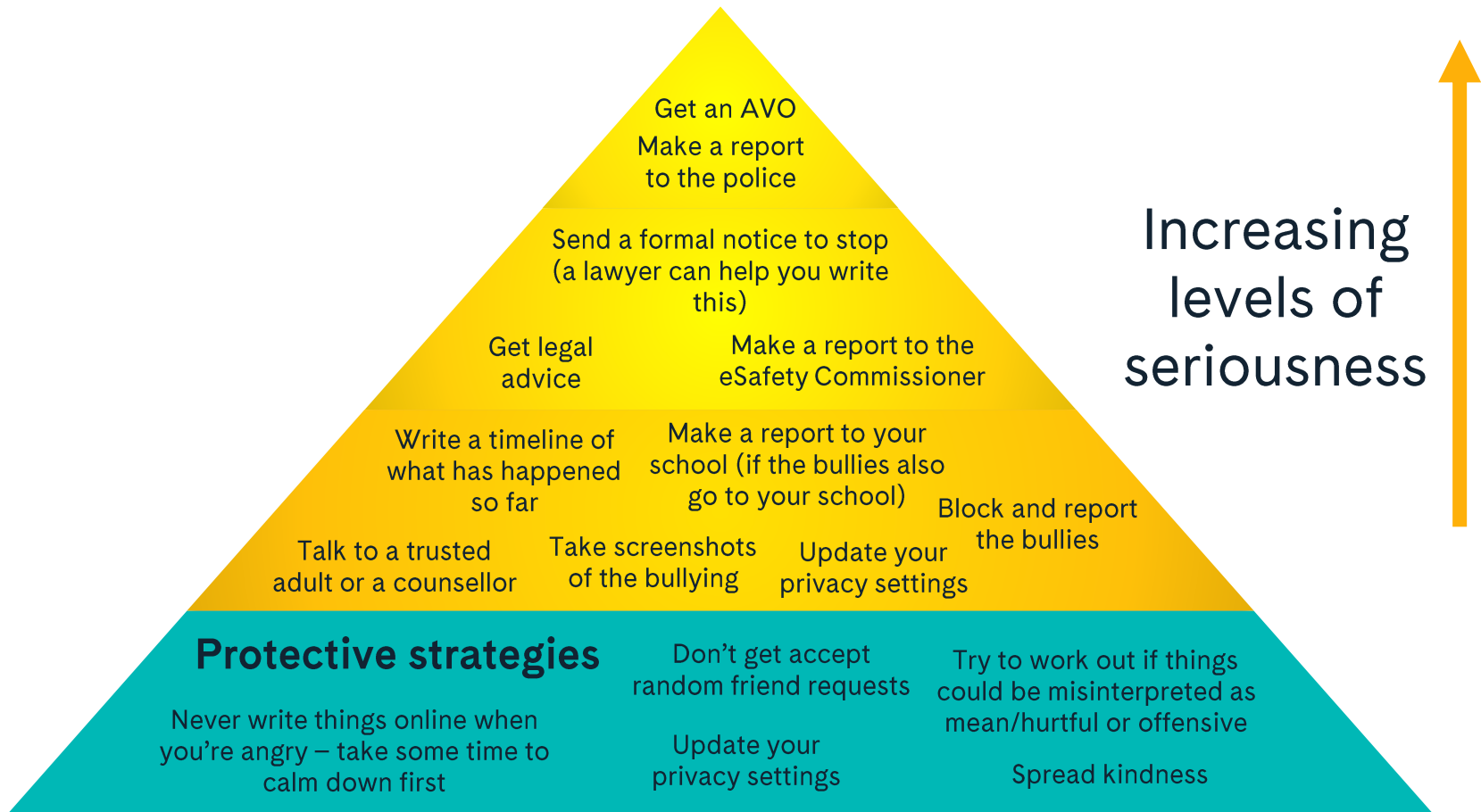
What the law says

The following laws might apply to online behavior:

- Menacing or threatening behavior or intimidation
- Harassment or stalking
- Offensive behaviour
- Inciting suicide
- Impersonation

Source: s 474.15, 474.17, 478.1 Criminal Code Act 1995 (Cth), s 7, 8, 13 Crimes (Domestic and Personal Violence) Act 2007 (NSW), s 308C. S 308H, s 199, Division 15C Crimes Act 1900 (NSW)

Practical steps



Further support

Kids Helpline

You can call the Kids Helpline on 1800 55 1800 for free and private counselling (available 24 hours a day, but there can be a wait to get through). They are happy to talk to young people ages 5-25 about anything that's troubling them. You can also email them or chat online at <http://kidshelpline.com.au>.

Headspace

eHeadspace provides counselling to young people ages 12-25 who are worried about their mental health or are feeling alone. You can call them on 1800 650 890 from 9am to 1am. You can also email them or chat online at <https://www.eheadspace.org.au>.

Lifeline

Lifeline offers 24-hour crisis support and suicide prevention counselling on 13 11 14. You can also speak to a counsellor online (from 7pm to 4am Australian Eastern Standard Time) at <https://www.lifeline.org.au/Get-Help/Online-Services/Online-Services>.

Youth Law Australia

YLA an online legal service that provides 24/7 legal assistance to children and young people aged under 25 and their supporters throughout all of Australia. You can access free legal information at yla.org.au through their factsheets or access personalised legal advice at lawmail.org.au.

eSafety Commissioner

The Office of the eSafety Commissioner is committed to increasing online safety and supporting people to feel protected online. As part of this, they can hear reports on cyber-bullying and help to get the offensive material taken down. They also have helpful resources and guides on what you can do to remain safe online. You can check them out at <https://www.esafety.gov.au/>



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Summary

- Cyber-bullying is repeated online behaviour that causes a person to feel hurt, embarrassed, upset or scared
- Examples of criminal laws that might apply include stalking, harassment, or threatening a person.
- A person can take practical steps themselves to end cyber-bullying.
- There are support services available to help a person who is experiencing cyber-bullying, or is concerned they may have cyber-bullied another person.

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