

### Sex and consent worksheet

Pretend your school's SRC has decided to run a campaign called "health week" to educate their peers on different issues they might face, including drug use, drinking and sex. Your class has been asked to create a campaign around the age of consent and sexual health.

Your task is to create a campaign or presentation and present it to your classmates. You may wish to create an A4 flier, a poster, a powerpoint presentation or other creative format (e.g. a website, video, series of infographics, social media posts etc).

**You should work in groups of 2-4 to complete this task.**

Your campaign must include the following information:

- Explain the definitions of consent, age of consent, sex and the positions of care or authority;
- Explain what the law says and include references to the law; and
- Details of relevant organisations and services that young people should be aware of/contact for help.

Your campaign should include a catchy title, include *appropriate* images and contain a bibliography (*Do not copy text directly from the slides*).

You may wish to visit the following sites to help you with preparing your campaign:

- Youth Law Australia's page on sex: <https://yla.org.au/nsw/topics/health-love-and-sex/sex/>
- The Line's page on consent: <https://www.theline.org.au/do-you-recognise-consent>
- Family Planning NSW's page on consent and sex: <https://www.fpnsw.org.au/health-information/consent-and-sex/consent-and-sex>
- ReachOut's page on sexual health checks: <https://au.reachout.com/articles/how-to-get-a-sexual-health-check>

Summary of today's lesson:

- Consent means free and voluntary agreement. There are some scenarios when consent cannot be given.
- The age of consent is the legal age you can agree to have sex.
- In NSW, the age of consent is unless one person is in a position of care or authority over the other person. In this case the age of consent becomes 18.
- There are legal exceptions to the age of consent if *you are above 14, and the other person is less than two years older than you.*
- It is important to consider the risks involved in having sex and to discuss these with your partner before agreeing to do anything.

### Helpful contacts:

You can contact the following counselling services for support:

You can call the **Kids Helpline** on 1800 55 1800 for free and private counselling (available 24 hours a day, but there can be a wait to get through). They are happy to talk to young people aged 5-25 about anything that's troubling them. You can also email them or chat online at <http://kidshelpline.com.au>.

Family Planning clinics provide sexual healthcare (safe sex) services and advice. You can call **Family Planning NSW** on 1300 658 886 or visit them online at [www.fpnsw.org.au](http://www.fpnsw.org.au)

If you would like to speak to someone about relationship issues or if you're not sure about what is or isn't ok, you can call **1800 MYLINE** (1800 695 463).

For free and confidential legal help, you can contact **Youth Law Australia**. You can access free legal information at [yla.org.au](http://yla.org.au) through their factsheets or access personalised legal advice at [lawmail.org.au](http://lawmail.org.au).